

# URBAN FARMER

LOVE THE EARTH

## From Seed to Harvest: A beginner's guide to growing beans

There are two main kinds of beans found in gardens, bush beans and pole beans, commonly known as green beans. The main difference between the two is the growing style – bush beans don't require support as they grow whereas pole beans grow in a vining fashion and require stakes or trellises. Bush beans require less maintenance, though pole beans are disease resistant and produce more crop.

### To plant:

As beans prefer warm weather, plant at least a week after the last spring frost. Bean seeds should not be started indoors. Plant seeds one inch deep. If you are planting bush beans, space seeds two inches apart. If you are planting pole beans, space seeds three inches apart along a trellis or fence row.

### To grow:

For bean growth all summer long, sow every two weeks. Mulch the soil around the plant to retain moisture and prevent weeds and water regularly. Go easy on the fertilizer, as excessive nitrogen will produce much foliage with little crop. For bush beans, when seedlings develop leaves, thin the plants to six inches apart. Beans are susceptible to beetles, which can be removed by hand off the plant or sprayed with soapy water.

### To harvest:

Beans should be ready to harvest as soon as 65 days after planting. When beans are ready to harvest, the seeds inside the pod are not quite full size. Harvestable beans should snap easily off the plant. Bean pods can be cut or snapped off the plant, and stored in airtight containers for up to four days after harvest.



[Harvester Bean seeds](#)  
[available at ufseeds.com](#)

### Other varieties of beans:

There are more bean options than just the bush or pole varieties. Gardeners can add garbanzo, Great Northern and more beans to their garden based on their preferences. Many beans require the same or similar conditions as green beans, though types like garbanzos do take longer to grow prior to harvesting.

### What beans crave:

Beans prefer warmer weather, so plant in full sun. Beans prefer soil with a pH between 6.0 and 7.0 Water plants regularly. Though compost can be worked into the soil prior to planting, don't overfertilize the beans.

### Where to buy bean seeds:

Urban Farmer sells a variety of bush and pole beans, as well as other varieties such as garbanzo, Great Northern and others. Check out our website at [ufseeds.com](http://ufseeds.com)!



100%  
Non-GMO Seed



One Day  
Shipping



100%  
Satisfaction Guarantee



Family  
Owned + Operated