

URBAN FARMER

LOVE THE EARTH

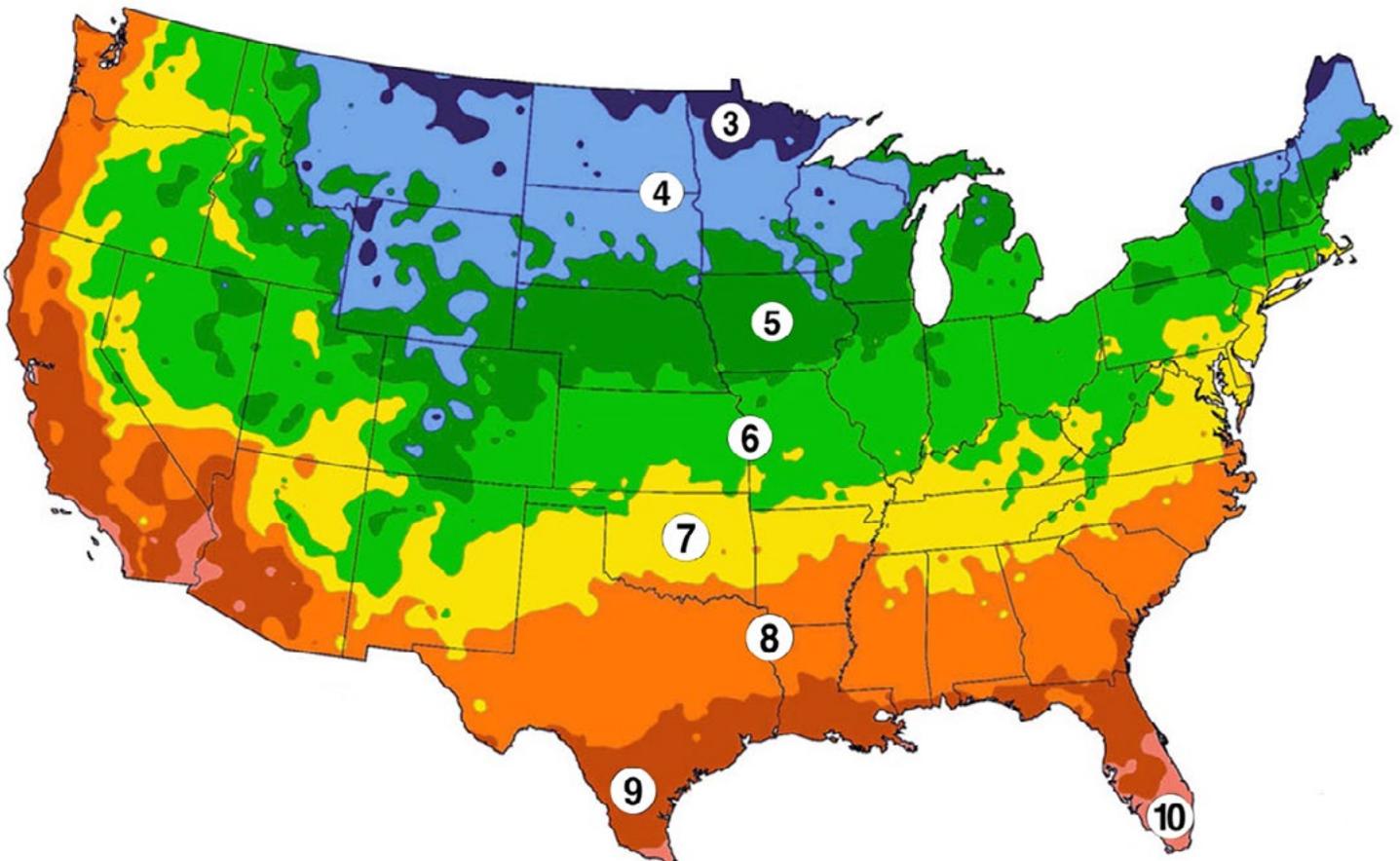
Zone 7 Planting Schedule

Zone 7 has a medium length growing season. Most vegetables will have no problem maturing before your first frost date! With a last frost date of **April 15th** and a first date of **November 15th**, the annual minimum temperature for Zone 7 is 5 °F.

*These dates will vary a week or two, so it is important to watch the weather before planting.

Using the planting schedule below will help you get the most of your garden. Starting seeds indoors before your last frost date will give you a jump start on the growing season. Knowing when to transplant seedlings outdoors will help to maximize your harvest.

Use your last and first frost dates to [calculate your planting schedules](#).



[Click here if you would like to see a detailed map for your state](#)



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Zone 7 Planting Schedule

Start Seeds Indoors			Plant Seed/Transplant							Harvest	
JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
			Beans								
		Beets					Beets				
	Broccoli						Broccoli				
		Brussel Sprouts									
		Cabbage					Cabbage				
		Carrots					Carrots				
	Cauliflower						Cauliflower				
			Corn								
			Cucumber								
		Kale					Kale				
		Lettuce					Lettuce				
		Onions									
	Peas							Peas			
		Peppers									
		Spinach					Spinach				
			Squash								
		Tomato									

